

DECEMBER 2023

Community Activities Timetable



WELCOME!

TO THE WINTER EDITION (2023/2024) OF THE EASTERHOUSE ACTIVITIES TIMETABLE

IN THIS EDITION WE FEATURE ALL OF THE AMAZING ACTIVITIES
THAT ARE HAPPENING EVERY DAY IN EASTERHOUSE

**SADLY, THRIVING PLACES WILL END ON 31ST MARCH '24
THE LAST COMMUNITY BREAKFAST WILL BE ON FRIDAY 26TH
JANUARY AND THE LAST ACTIVITY BROCHURE WILL BE PRINTED (AND
DISTRIBUTED) AT THE END OF MARCH. THANK YOU FOR ALL OF YOUR
CONTINUED SUPPORT.**

TO TAKE PART IN ANY OF THESE ACTIVITIES, PLEASE
CONTACT THE ORGANISER DIRECTLY - ALL CONTACT
DETAILS ARE ON THE BACK PAGES OF THIS BROCHURE

02	WELCOME
03	COMMUNITY BREAKFAST
04	EASTERHOUSE CSH
05	JOBS & BUSINESS GLASGOW
06	MONDAY
09	TUESDAY
12	WEDNESDAY
15	THURSDAY
18	FRIDAY
21	SATURDAY
22	SUNDAY
23	USEFUL CONTACTS
31	ELECTED MEMBERS
32	GP'S & HEALTH CENTRE
35	HOUSING ASSOCIATIONS
36	THRIVING PLACES SUPPORT
37	COMMUNITY BREAKFASTS



PHOTOGRAPHS - EASTERHOUSE
COMMUNITY BREAKFAST

THRIVING PLACES
EAST END FLAT PACK MEALS
EASTERHOUSE BAPTIST CHURCH
(IN PARTNERSHIP)

Community Breakfast

***** LOOKING FORWARD TO SEEING YOU THERE*****

Friday 26th January 2024

11am till 1pm

**Easterhouse Baptist Church, 18 Westerhouse Rd,
G34 9PD**

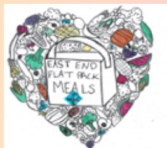
ALL EASTERHOUSE RESIDENTS WELCOME

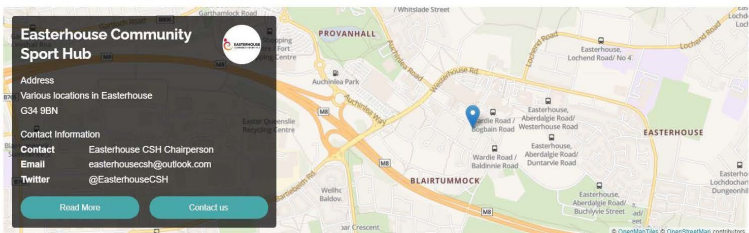
FREE TEA/COFFEE/HOT ROLLS/PASTRIES

FOR FURTHER INFO CALL/EMAIL:

donnamcgill@glasgowkelvin.ac.uk or bethparker@glasgowkelvin.ac.uk

Mob.:07423 585605





Monday

Yoga 10 - 11 (free)
Walking football 2-4
Community Basketball
3.30-4.30 (mixed under 10s) (£3)
4.30-5.30 (mixed under 12s) (£3)
5.30-6.30 (mixed under 14s)(£3)
6.30-7.30 Glasgow storm basketball(u14s/u18s contact club for space)
7.30-9.30 Glasgow Storm Basketball Snr Woman (contact club for space)
4.45-5.45 judo (5yrs-12yrs)
5.45-6.45 judo 12yrs+
4-8 KC Gymnastics (contact club for spaces)
8-10 Glasgow Mets Volleyball (contact club for spaces)

Tuesday

2-3 Walking football (run by Phoenix)
5.30-7.30 Glasgow city Basketball (under 14s contact club)
8-10 Glasgow City Basketball (under 16s contact club)
4.45-5.45 SMMA Taekwon-do (6-10 yrs)
5.45-6.45 SMMA Taekwon-do (10+)
6.30-8.30 More than Fibro (FIBROMYALGIA) (LAST TUESDAY OF EVERY MONTH)
7-8 SMMA Kickboxing 13+
5.30-7.30 KC Gymnastics (contact Club)
7.30-9.30 Glasgow Mets volleyball (contact club)

Wednesday

Community Basketball
3.30-4.30 (mixed under 10s) (£3)
4.30-5.30 (mixed under 12s) (£3)
5.30-6.30 (mixed under 14s)(£3)
6.30-7.30 Glasgow storm basketball(u14s/u18s contact club for space)
7.30-9.30 Glasgow Storm Basketball Snr Woman (contact club for space)
4-6 Yomo (Young Movers)
5-8 KC Gymnastics (contact club)
6.45-8 Men's Mental health meetup (free drop in)
8-9.30 Jujitsu

Thursday

10-12 parent toddler (Must be booked in run by moo music)
1-3 Alzheimer's drop in centre (LAST THURSDAY OF THE MONTH)
5.30-7.30 Glasgow city Basketball (under 14s contact club)
8-10 Glasgow City Basketball (under 16s contact club)
4.45-5.45 SMMA Taekwon-do (6-10 yrs)
5.45-6.45 SMMA Taekwon-do (10+)
7-8 Brazilian Jiu-jitsu 13+
4-7 Pickleball (run by Phoenix)
6-8 Teen club S1+ (FREE)
7-10 Glasgow Netball (club games)

Friday

Community basketball
3.30-4.30 (P1-P3) FREE
4.30-5.30 (P4-P7) FREE
7-9 (S1+) FREE
4-7 Badminton (run by Phoenix) first session free £2 afterwards
5-7 KC Gymnastics (contact club)
6-8 Teen club S1+ (FREE)
7.15 - 9.30 Wheelchair Rugby
7.30-9. Jiu-jitsu

Saturday

9.45-10.45 Judo (5-12yrs)
10.45-11.45 judo (12yrs +)
10-11.30 Dads rock (moved from church)
11-12 SMMA Taekwondo 6 yrs+
12-1 Brazilian Jiu-Jitsu



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MONDAY

Time	Activity	Location
TBC	Fishing Club—outings throughout the year	Easterhouse Phoenix contact Phoenix for more info.
7.30am-9am	Youth Breakfast Club	The Connie
8am –6pm	JAM After School Care (Holiday Cover)	Easterhouse Baptist Church
8am-6pm	FAREPlay Nursery	FARE
9am-2.30pm	Opening Times (Sessions must be booked)	Easterhouse Pool
9.30-11.30am (16yrs+)	Help with all things Numbers	Glasgow Kelvin College (Room F07)
9.30am-11.30am	Baby and Toddler Group	Easterhouse Parish Church
9.30am-3.30pm	Support for Women, Children/Young People affected by Domestic Abuse	Glasgow East Women’s Aid
10am	Church Service	St John Bosco –St Benedicts
10am-12pm	1:1 Cycling for Beginners Adult 1:1 Cycling Lessons Booking Required	Easterhouse Phoenix
12.30pm-2.30pm	ESOL	Cranhill Development Trust @ Blairtummock Community Hall
10am-2pm	Community Café	The Hub Wellhouse
10am-3pm	My Life My Choice– Group for Adults with Additional Support Needs	Glenburn Centre (£5 full day/£3 half day, lunch included)
10am-3pm	Telephone Advice Line 0141 771 2328	Easterhouse Citizens Advice Bureau
10am-5pm	Opening Times	E/house & Shettleston Library

MONDAY

Time	Activity	Location
10am-10pm	Community Football Pitch Hire	Stepford Pitches (community and off-peak rate available)
10.30am-2pm	The Daffodil Club (Elderly Day-Care (must be booked)	Easterhouse Parish Church
10.30am-12pm	BFN Milkdrops - feeding support group	Glasgow Sling Library
11am-1pm	Clack & Yak—Knitting Group	Platform at The Bridge
12pm-3pm	Women's Group (Contact before to register)	Greater Easterhouse Alcohol Project
12pm-4pm	Jim's Addiction Recovery Café—NERC	GESH, Garthamlock
12.30pm-1.30pm	Chair Yoga (FREE)	Easterhouse Phoenix
12.30pm-2.30pm	ESOL	Cranhill Development Trust @ Blairtummock Community Hall
1pm-3pm	Parkinsons Cycling Club (Starting Feb (Every 2nd Monday)	Easterhouse Phoenix
1.30pm-3pm Chloe 0300 123 3679	Parkinson's Café Teas/Coffees/ Activities - 2nd Monday of each month	Easterhouse Phoenix (scotland@parkinsons.org.uk)
3pm-4pm	FARE P1 to P4 Club	Oakwood Primary
3pm-5pm	Juniors (P4-P7) 50p	The Pavillion
3pm-6pm	JAM After School Care	Easterhouse Baptist Church
3.30pm-5pm	Homework Support Club	The Connie
3.30pm-5.15pm	Homework Club	Glenburn Centre
3.30pm-5.30pm	Allotments Youth Drop In (8 Yrs+)	Wellhouse Allotments

MONDAY

Time	Activity	Location
3.30pm-5.30pm	Homework Support Club	Connect Centre
4pm	Slimming World with Carrina	St Benedicts Chapel
4pm-5pm	B.E.E. Buzz Club	Easterhouse Parish Church
4pm-8pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
4.00pm (from)	Drum Lessons	Platform at The Bridge
5pm-8pm	Community & Youth Hub at Easterhouse Campus	Glasgow Kelvin College
5pm-5.45pm	Tiny Gymnastics (2-4yrs)	Rebecca Louise Dance Studio
5pm-5.45pm	Mini Lyrical (5-7yrs)	
5.45pm-6.30pm	Mini Gymnastics (5-7yrs)	
5.45pm-6.45pm	Junior Lyrical & Ballet (8-11yrs)	
7pm-8pm	Junior/Senior Gymnastics (8yrs+)	
5.30pm	Slimming World with Carrina	St Benedicts Chapel
5.30pm-7pm	Drama Workshop—8-16yrs	Platform at The Bridge
6pm-8pm	Bingo (£7.00)	The Connie
6pm	Running Group (Mixed Ability) (MUST BE BOOKED)	Jiggly Joggers The Lochs Car Park (MUST BE BOOKED)
6pm-8pm	Youth Club (P1-P7)	Glenburn Centre
6pm-8.30pm	Seniors (S1-18yrs) 50p	The Pavillion
6.30pm-7.30pm	Yoga	Easterhouse Phoenix
7pm	Slimming World with Carrina	St Benedicts Chapel
7pm-8.30pm	Tri Martial Arts with Gary Shields	The Connie

TUESDAY

Time	Activity	Location
7.30am-9am	Youth Breakfast Club	The Connie
7.30am-1pm	Sit in & Takeaway Café (charges apply)	The Connie
8am –6pm	JAM After School Care (Holiday Cover)	Easterhouse Baptist Church
8am-6pm	FAREPlay Nursery	FARE
9.00am	Slimming World with Carrina	St Benedicts Chapel
9.30am-12pm	Advice— BY APPOINTMENT ADMIN ONLY: 01417716654	Easterhouse Citizens Advice Bureau
9.30am-11.30am	Rise & Shine Cafe	Easterhouse Baptist Church
9.30am-3.30pm	Support for Women, Children/ Young People affected by Domestic Abuse	Glasgow East Women's Aid
10am	Church Service	St John BoscoSt Dominics
10am-12pm	1:1 Cycling for Beginners Adult 1:1 Cycling Lessons Booking Required	Easterhouse Phoenix
10am-1pm	Social Club	The Connie
10am-2pm	Community Café	The Hub Wellhouse
10am-3pm	My Life My Choice– Group for Adults with Additional Support Needs	Glenburn Centre (£5 full day/£3 half day, lunch included)
10am-8pm	Opening Times	Easterhouse and Shettleston Libraries
10am-10pm	Community Football Pitch Hire	Stepford Pitches (community and off-peak rate available)

TUESDAY

Time	Activity	Location
10.30am-2pm	The Daffodil Club (Elderly DayCare (must be booked)	Easterhouse Parish Church
11.30am-1pm	Lunch Club (£3/3-course)	The Connie
12pm-3pm	Women@Phoenix (Multi Activity Group)	Easterhouse Phoenix
1pm-4pm	Art Factory—Workshops for Adults	Platform at The Bridge
1.30pm-3pm	Weight Training (Charge Applies)	Easterhouse Phoenix
12.30pm-2pm	Toddlers Group	Connect Centre
12.30pm-2.30pm	Teeny Tiny Kickers	Gladigators Fun Factory
12.30pm-2.30pm	Mini Kickers + Parent and Toddlers Group	The Connie
1pm-2.30pm	ESOL Classes	Easterhouse Baptist Church
1pm	Tea Dance (10th October) (£5 Local Links)	Platform at The Bridge
1.30pm-4.30pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
2pm-3pm	Phoenix Walking Football	Easterhouse Sports Centre
2.30pm-8pm	Opening Times—Sessions must be booked	Easterhouse Pool
3pm-5pm	Minis (P1-P3)	The Pavillion
3pm-5pm	FARE P5 to P7 Club	Oakwood Primary
3pm-6pm	JAM Afterschool Care	Easterhouse Baptist Church
3.30pm-5pm	Homework Club (P1+)	Glenburn Centre

TUESDAY

Time	Activity	Location
3.30pm-5.30pm	Family Cooking Club	The Connie
3.30pm-5.30pm	Youth Club Drop-In (P1+)	Connect Centre
4pm-5pm	Fencing (8-12yrs) FREE	Easterhouse Phoenix
4.15pm-5pm	Football For All (4-7yrs)	Auchinlea Recreation Centre
5pm-6pm	Football (8-12yrs) £5/child	
5pm-6pm	Football Coaching	Glenburn Centre
5pm-6.30pm	NuGen-Art Workshop 11yrs+	Platform at The Bridge
5pm-10pm	FAREPlay Stepford— Easterhouse Academy	Stepford Pitches
5pm (from)	Guitar and Fiddle Lessons— 5yrs +	Platform at The Bridge
6pm-7pm	Yoga	Easterhouse Phoenix
6pm-7pm	Boxing (7-11yrs)	Easterhouse Phoenix
7.15pm-9pm	Boxing (12yrs+)	
6pm-8pm	Youth Club Drop-In (S1+)	The Connie
6pm-9pm	84th Glasgow Girls Brigade	Easterhouse Parish Church
7pm-8pm	Kensaki with Robert Boyd	Connect Centre
7pm-9pm	Teen Club	FARE
7.10pm-8.10pm	Fitness Class (Women Only)	Easterhouse Phoenix
7.30pm-8.30pm	TaeKwon Do with Robbie	The Connie

WEDNESDAY

Time	Activity	Location
7.30am-9am	Youth Breakfast Club	The Connie
7.30am-1pm	Sit in & Takeaway Café (charges apply)	The Connie
8am-6pm	JAM After School Care (Holiday Cover)	Easterhouse Baptist Church
8am-6pm	FAREPlay Nursery	FARE
9am-2.30pm	Opening Times (Sessions must be booked)	Easterhouse Pool
9.15am-10.30am	Walking Group	FARE
9.30am-11am	Adult Fitness Class	Connect Centre
9.30am-12.30pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
9.30am-3.30pm	Support for Women, Chil- dren/Young People affect- ed by Domestic Abuse	Glasgow East Women's Aid
10am	Church Service	St John Bosco St Benedicts
10am-11am	Wee Thistle—Playtime for Toddlers (0-3yrs)	Stepping Stones for Families
10am-12pm	Job Club Drop In	The Connie
10am-1pm	Walking Club	Connect Centre
10am-2pm	Income Advice Drop In	The Connie
10am-1pm	Employability at The Circle (Formerly Westwood B.C.)	People Plus
10am-12pm	Cycling (Bikes available to borrow)	Easterhouse Phoenix
10am-2pm	Community Café	The Hub Wellhouse
10am-3pm	My Life My Choice— Group for Adults with Additional Support Needs	Glenburn Centre (£5 full day/£3 half day, lunch included)

WEDNESDAY

Time	Activity	Location
10am-5pm	Opening Times	Easterhouse Library
10am-10pm	Community Football Pitch Hire	Stepford Pitches (community and off-peak rate available)
10.30am	Tea and Bingo	St John Bosco St Dominics
10.30am-2pm	The Daffodil Club (Elderly DayCare (must be booked)	Easterhouse Parish Church
11am -12pm	Bingo	Connect Centre
11am-2pm	Knitting & Sewing Club	The Connie
12pm-1.30pm	Lunch Club £2.50/3 course	Connect Centre
12pm-3pm	Men@Phoenix Group Snooker/Pool etc.	Easterhouse Phoenix
1pm	Bingo	St John Bosco St Benedicts
1pm	Tea Dance (11th October) (£5 Local Links)	Platform at The Bridge
1.30pm-4.30pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
3pm-5pm	Juniors (P4-P7) 50p	The Pavillion
3pm-5pm	FARE P1-P4	St Benedict's Primary

WEDNESDAY

Time	Activity	Location
3pm-6pm	JAM Afterschool Care	Easterhouse Baptist Church
3.30pm-5.15pm	Homework Club P1+	Glenburn Centre
3.30pm-5.30pm	Youth Club Drop In (P1+)	Connect Centre
3.30pm-5.30pm	Youth Club Drop In (P1+)	The Connie
4pm-5.30pm	B.E.E. Hive Clubs (P5-P7)	Easterhouse Parish Church
4.30-5.30pm	Boys Football (P1+)	Connect Centre
5pm-6pm	Table Tennis (Kids)	Easterhouse Phoenix
5pm-7pm (16yrs+)	Help with all things Numbers	Glasgow Kelvin College
5pm-8pm	Community & Youth Hub at Easterhouse Campus	
5.15pm-6pm	Girls Football (P1+)	Connect Centre
6pm-9.45pm	Boys Football (P1+)	Connect Centre
6pm-7.30pm	Youth Club Drop In (P4+)	The Connie
6pm-8pm	Table Tennis (Adults)	Easterhouse Phoenix
6pm-8.30pm	Youth Club (P5+)	Glenburn
6pm-9pm	Men's Shed	The Pavillion
6.15pm-7.45pm	B.E.E. DYA Group (S1-S6)	Easterhouse Parish Church
7pm-8pm	Eastends Finest Fitness (Female Only /All abilities)	Easterhouse Phoenix
7pm-8pm	Bootcamp with Leanne & David McAdam	The Connie
7pm-8.30pm	Youth Club (P6+)	Connect Centre
7.15pm-8.15pm	Bible Study	Easterhouse Community Church
7.30pm-8.30pm	XS Taekwondo with Robbie	The Connie

THURSDAY

Time	Activity	Location
7.30am-9am	Youth Breakfast Club	The Connie
7.30am-1pm	Sit In & Takeaway Café (Charges apply)	The Connie
8am-6pm	JAM After School Care (Holiday Cover)	Easterhouse Baptist Church
8am-6pm	FAREPlay Nursery (Holiday Cover)	FARE
9.30am-12.30pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
9.30am-3.30pm	Support for Women, Chil- dren/Young People affected by Domestic Abuse	Glasgow East Women's Aid
10am	Church Service	St John Bosco St Dominics
10am-11.15am	BookBug	Shettleston Library
10am-12pm	FARE Adult Group	Blairtummock Hous. Assoc.
10am-12.30/1pm	Men's Group (mixed activi- ties, trips, sessions)	Connect Centre
10am-2pm	Community Café	The Hub Wellhouse
10am-3pm	Telephone Advice Line 0141 771 2328	Easterhouse Citizens Ad- vice Bureau
10am-8pm	Opening Times	Easterhouse and Shet- tleston Libraries
10am-10pm	Community Football Pitch Hire	Stepford Pitches (community and off-peak rate available)
10.30am-12pm	Noahs Ark Toddlers	Easterhouse Baptist Church

THURSDAY

Time	Activity	Location
10.30am-2pm	The Daffodil Club (Elderly DayCare (must be booked)	Easterhouse Parish Church
11am-1pm	Cycle Group (Adults)	Glenburn Centre
11am-2pm	Knitting & Sewing Class	The Connie
11.30am-1pm	Lunch Club (£3.00 per 3 course)	The Connie
12pm-2.30pm	Job Club	The Connie
12pm-3pm	Women's Group (Contact before to register)	Greater Easterhouse Alcohol Project
1pm-3pm	Over 60's Club Bingo/Snooker etc.	Easterhouse Phoenix
1.30pm-4.30pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
2pm-4pm	Foodbank	Blairtummock Community Hall
2.30pm-8pm	Opening Times— Sessions must be booked	Easterhouse Pool
3pm-5pm	Minis (P1-P3) 50p	The Pavillion
3pm-5pm	FARE P1-P4 Club	St Benedict's Primary
3pm-5pm	Employability Outreach at Gladigators Fun Factory	People Plus
3pm-6pm	JAM Afterschool Care	Easterhouse Baptist Church
3.15-5.30pm	Family Cooking Club	Connect Centre
3.30-5.15pm	Homework Club P1+	Glenburn Centre

THURSDAY

Time	Activity	Location
3.30-5.30pm	Youth Club Drop In (P1+)	The Connie
4pm-7pm	Soul Food Hot Meal (Donate what you can)	Easterhouse Baptist Church
4.15pm-5pm	Football For All (4-7yrs)	Auchinlea Recreation Centre
5pm-6pm	Football (8-12yrs) £5/child	
4.30pm (from)	Drum Lessons—All Ages	Platform at The Bridge
5pm-7pm	Phoenix Pickleball	Easterhouse Sports Centre
5.30pm	Slimming World with Carrina	St Benedicts Chapel
6pm-7pm	Boxing (7-11yrs)	Easterhouse Phoenix
7.15pm-9pm	Boxing (12yrs +)	
6pm-7pm	Fitness Class	Easterhouse Phoenix
6pm-8pm	Lynn Duncan Dance Classes (Age 4+)	Easterhouse Baptist Church Charge Applies—Must be booked
6pm-8pm	Thursday Night Drama (16+ yrs)	Platform at The Bridge
6pm-8pm	Bingo (£7.00)	The Connie
6pm-8pm	Youth Club (P6+)	The Connie
6pm-9pm	Youth Club (S1+)	
6pm-8pm	Brownies	Glenburn Centre
6pm-8.30pm	Seniors (S1-18yrs)	The Pavillion
6pm-7pm	Stretch & Technique (5yrs+)	Rebecca Louise Dance Studio
7.30-9.30pm	Tri Martial Arts with Gary Shields	The Connie
8pm-10pm	Kensaki with Robert Boyd	Connect Centre

FRIDAY

Time	Activity	Location
7.30am-9am	Youth Breakfast Club	The Connie
8am-6pm	JAM After School Care	Easterhouse Baptist Church
8am-6pm	FAREPlay Nursery	FARE
9.30am-1pm (other times available by appointment)	People Plus Employment Support Drop In	Glenburn Centre
9.30am-12.30pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
9am-2.30pm	Opening Times (Sessions must be booked)	Easterhouse Pool
9.30am-3.30pm	Support for Women, Children/Young People affected by Domestic Abuse	Glasgow East Women's Aid
10am	Church Service	St John Bosco St Benedicts
10am-12pm	Cycling (Bikes available to borrow)	Easterhouse Phoenix
10am-1pm	Social Club	The Connie
10am-2pm	Community Café	The Hub Wellhouse
10am-3pm	My Life My Choice— Group for Adults with Additional Support Needs	Glenburn Centre (£5 full day/£3 half day, lunch included)

FRIDAY

Time	Activity	Location
10am-5pm	Opening Times	Easterhouse and Shettleston Libraries
10am-10pm	Community Football Pitch Hire	Stepford Pitches (community and off-peak rate available)
10.30am-12pm	Raindrops - Stay and Play (0 to 5 yrs)	Glasgow Sling Library
10.30am-2pm	The Daffodil Club (Elderly Day Care)(must be booked)	Easterhouse Parish Church
12.30pm-1.30pm	Chair Yoga (FREE)	Easterhouse Phoenix
1.30pm-3pm	Weight Lifting	Easterhouse Phoenix
1.30pm-4.30pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
2.30pm-4pm	Social Chat & Choir— Platform Singers	Platform at The Bridge
3pm-5pm	Community Bingo (Adults)	Glenburn Centre
3pm-5pm	Minis (P1-P3) 50p Juniors (P4-P7) 50p (Alternate Fridays— check with Pavillion)	The Pavillion

FRIDAY

Time	Activity	Location
3pm-6pm	JAM Afterschool Care	Easterhouse Baptist Church
3.30pm-5.30pm	Youth Club (P1+ Including Sports)	Connect Centre
3.30pm-5.30pm	Youth Club Drop In (P1+)	The Connie
5pm-7pm	Phoenix Badminton Club	Easterhouse Sports Centre
5.15pm-6pm	Free Fun Football	Stepford Pitches
5.15pm-6.00pm	Boxing (ASN)	Easterhouse Phoenix
6pm-7pm	Yoga	Easterhouse Phoenix
6pm-7.30pm	Boxing—Developing Young Boxers	Easterhouse Phoenix
6.00pm-7.30pm	Basketball (P1—P7)	Connect Centre
6.00pm-8.00pm	Phoenix Badminton	Easterhouse Community Centre
6pm-8pm	Youth Club Drop In (P6+)	The Connie
6pm-8.30pm	Seniors (S1-18yrs) 50p	The Pavillion
6pm-9pm	165th Glasgow Boys Brigade	Easterhouse Parish Church
6pm-9pm	Youth Club Drop In (S1+)	The Connie
7.45pm-9pm	Basketball (S1+)	Connect Centre

SATURDAY

Time	Activity	Location
8am and 9.30am	Slimming World/Carrina	Garthamlock Parish Church
9am-8pm	Community Football Pitch Hire	Stepford Pitches (community and off-peak rate available)
9.30am-1pm	Community Food Shop (£2.50/£5.00 purchases)	Ruchazie Pantry
10am	Church Service	St John Bosco St Benedicts
9.30am-10.15am	Tiny Combo (2-4yrs)	Rebecca Louise Dance Studio
9.30am-10.15am	Mini Hip Hop ((5-7 yrs)	
10.15am-11am	Mini Combo (5-7yrs +)	
10.15am-11am	Jnr Hip Hop (8-11yrs)	
11.15am-12.15pm	Jnr Tap & Jazz (8-11yrs)	
10am-11am	Bootcamp with Leanne & David McAdam	The Connie
10am-11.30am	Dads Rock Playgroup	Easterhouse Parish Church
10am-12pm	Cycling (Bikes available to borrow)	Easterhouse Phoenix
10-12.30pm Last Saturday of month	Downs Syndrome Family Group	Easterhouse Phoenix (katy@dsscotland.org.uk)
10am-5pm	Opening Times	E/house & Shettleston Library
10.30am-11.30am	Karate	Easterhouse Phoenix
11.15am-12.15pm	Play Café (0-5 yrs)	Platform at The Bridge
1pm & 2.45pm	Saturday Print Club/Art Factory (5-11 yrs)	Platform at The Bridge
1pm	M3—Make Music Move Dance/Music for ASN Teens	Platform at The Bridge
5pm-7pm	Youth Basketball	Connect Centre
5.00pm	Vigil Mass— Church Service	St John Bosco St Benedicts
5.30pm-8pm	Seniors (S1-18yrs) 50p	The Pavillion

SUNDAY

Time	Activity	Location
1045am-1pm	Learn to Cycle (3-7yrs)	Easterhouse Phoenix
11am	Church Service ALL WELCOME	Easterhouse Parish Church
11am	Church Service—In-person and online on Youtube (with kids programme & creche)	Easterhouse Baptist Church
10am & 11.30am	Church Service	St John Bosco St Benedict's
9am-8pm	Community Football Pitch Hire	Stepford Pitches (community and off-peak rate available)
11am-3pm	North East Recovery Community—Various Activities	GESH Garthamlock
12pm-2pm	Walking Group	Easterhouse Parish Church
6pm-8pm	Bingo— 50p Entry / Books £7	Connect Centre
6pm	Church Service	Easterhouse Community Church

USEFUL ADDRESSES AND CONTACT DETAILS:

Auchinlea Recreation Centre Auchinlea Road, G34 9PQ Football for All
Contact: Colin [07835 865271](tel:07835865271) colin.hardie@yahoo.com <https://www.facebook.com/Football-For-All-573346736358988>

Blairtummock Community Hall (See Blairtummock Housing Association for more info.) 45 Boyndie Street, Glasgow, G34 9JL

Connect Centre 39 Wellhouse Crescent, Wellhouse, G33 4HG, Connect Community Trust offers a range of FREE community activities for all ages. [0141 781 9918](tel:01417819918) <https://www.facebook.com/connectcommunitytrust>

The Connie Centre 39 Conisborough Road, Provanhall, G34 9HQ, Connect Community Trust offers a range of FREE community activities for all ages. [0141 773 4461](tel:01417734461) <https://www.facebook.com/connectcommunitytrust>

Cranhill Development Trust ESOL Classes at Blairtummock Community Hall, 45 Boyndie Street, G34 9JL david@cranhilldt.org.uk

Dads Rock Playgroup @ Easterhouse Parish Church, 30 Boyndie Street, G34 9JE <https://www.dadsrock.org.uk/> Hello@dadsrock.org.uk

To book for this group—<https://www.eventbrite.co.uk/e/saturday-dads-playgroup-glasgow-tickets-464957048047>

Drill Hall Pantry A wee shop, with a big heart. Memberships are only £2.50 = approx £10-15 worth of food in return. Membership criteria applies—contact for further information . Low waste, high quality food! Shettleston—981 Shettleston Road, G32 and Parkhead—5 Back Causeway, G31 [0141 473 0460](tel:01414730460) <https://www.facebook.com/DrillHallPantry>

Easterhouse Baptist Church 18 Westerhouse Road, G34 9PD, Pastors—Niall & Pam Fulton [0141 781 0569](tel:01417810569) <https://www.facebook.com/easterhousebaptistchurch/> **ALSO ON YOUTUBE** https://www.youtube.com/channel/UCG6hO_23tfSOqCQUeEdj4Eg/featured

USEFUL ADDRESSES AND CONTACT DETAILS:

Easterhouse Citizens Advice Bureau 46 Shandwick Square (Upstairs in The Lochs Shopping Centre), G34 9DT—Manager: Joan McClure
Advice: Face-to-Face/Telephone/Outreach (Call for more information on outreach venues) [01417716654](tel:01417716654) **Please Note, this is an admin only tel. line—no advice can be given.** Twitter—[@EasterhouseCAB](https://twitter.com/EasterhouseCAB)

Easterhouse Community Centre 12 Auchinlea Rd, Glasgow G34 9HQ

Easterhouse Community Church Unit 40 The Lochs Shopping Centre, 710 Westerhouse Rd, G34 9DT Pastor—Stuart Patterson [07828 756945](tel:07828756945)
<https://www.facebook.com/EasterhouseCommunityChurch>

Easterhouse Parish Church 30 Boyndie St, G34 9JE Minister—Derek Hughes [07723 578573](tel:07723578573) dhughes@churchofscotland.org.uk <https://www.facebook.com/easterhouseparishchurch/>

Easterhouse Phoenix Community Centre 5 Shandwick St, Easterhouse, G34 9BN [0141 771 9400](tel:01417719400) ephoenixd@gmail.com <https://www.facebook.com/>

FARE 31 Drumlanrig Ave, G34 0JF [0141 370 8919](tel:01413708919) <https://www.facebook.com/FAREGLASGOW>

FAREPlay Nursery Bannatyne House lisa.Drever@fare-scotland.org

P1-4 and P5-7 In the schools robert.kerr@fare-scotland.org

Teen Clubs Bannatyne House robert.kerr@fare-scotland.org

Walking Group Bannatyne House robert.kerr@fare-scotland.org

Stepford FARE Play Stepford Rd [danny.cameron@fare-](mailto:danny.cameron@fare-scotland.org)
[scotland.org](mailto:danny.cameron@fare-scotland.org)

Employability Various bernie.devlin@fare-scotland.org

Gary Shields Mondays/Wednesday's Tri Martial Arts @ The Connie. Call The Connie to Book.

GESH Garthamlock Community Centre 1 Redcastle Sq, G33 5EG
[0141 774 7261](tel:01417747261) <https://www.facebook.com/people/Gesh-garthamlock/100009426033621/>

USEFUL ADDRESSES AND CONTACT DETAILS:

Gladigators Fun Factory 2 amazing play frames and dance floor, cafe with hot and cold menu and a vibrant seating area along with 2 party rooms. 7 Shandwick St, Easterhouse, G34 9DP [0141 781 4392](tel:01417814392)
<https://www.facebook.com/GladsFunFactory>

Glasgow East Women's Aid (GEWA) Help and support for women, children and young people affected by domestic abuse. 753 Westerhouse Rd, Easterhouse, G34 9PB [0141 781 0230](tel:01417810230) <https://www.gewa.org.uk/>
<https://www.facebook.com/glasgoweastwomensaid>

Glasgow Helps A new service, set up to help the people of Glasgow with a wide range of issues—food/fuel support, general community support. [0141 276 1185](tel:01412761185)

Glasgow Kelvin College Further education college, with campuses in Easterhouse, Springburn, Maryhill and Haghill, offering an exciting range of learning and community opportunities. [0141 630 5000](tel:01416305000)
www.facebook.com/GlasgowKelvinCollege
community_learning@glasgowkelvincollege.ac.uk

Glasgow Life Libraries Easterhouse Library at The Bridge, 1000 Westerhouse Road, G34 9JW (Access Via Wardie Road) [0141 276 9712](tel:01412769712)
Shettleston Library, 154 Wellshot Road, G32 7AX [0141 276 1643](tel:01412761643)

Glasgow Life Pools Easterhouse Pool at The Bridge, 1000 Westerhouse Road, G34 9AX [0141 276 9696](tel:01412769696)

Glasgow North East Carers Centre 51 Trondra Place, G34 9AX, Support for carers including peer support, autism training, dementia training, mental health and wellbeing sessions. 0141 781 0728; [con-
tact@gnecarerscentre.com](mailto:contact@gnecarerscentre.com) www.gnecarerscentre.com To make a self-referral go to <https://www.glasgow.gov.uk/article/25856/Carers-Self-Referral>

USEFUL ADDRESSES AND CONTACT DETAILS:

Glasgow Sling Library Hannah or Gemma. A friendly Glasgow based peer-to-peer community for parents, & parents-to-be. Unit 1B, The Circle, Aberdalgie Rd, G34 9HJ [07725 890939](tel:07725890939) glasgowslinglibrary@gmail.com
<https://www.facebook.com/Glasgowslinglibrary/>

Glenburn Centre [6 Glenburnie Place, Glasgow G34 9AN](#). Most activities at Glenburn Centre are delivered by Easthall Park Residents Association, for more information contact Libby at [0141781 2277](tel:01417812277) / [07561 692738](tel:07561692738) libby@eraglenburn.org.uk

Greater Easterhouse Alcohol Awareness Project (GEAAP) 51 Trondra Place, G34 9AX, FREE services to anyone concerned about their own or another's alcohol use. Counselling, peer support, recovery cafes, women's group. [0141 773 1222](tel:01417731222) info@geaap.org

The Hub Wellhouse 49 Wellhouse Cres, Glasgow G33 4LA. See **Glenburn Centre** for contact information

Jackie Timoney Mondays/Fridays Taekwondo @ The Connect Centre. Call [07946 314480](tel:07946314480) to book.

Jam After School Care After school care and holiday care for children and parents of Aultmore Primary, St Benedicts Primary, Sandaig Primary, Oakwood Primary and Our Lady of Peace Primary. Contact: Natalie [07862 743542](tel:07862743542) <https://www.facebook.com/JAMASC21>

Jiggly Joggers A range of running and walking groups. Contact before to register. Meet at The Lochs Car Park jiggly-joggers@outlook.com
<https://www.jiggly-joggers.com/> <https://www.facebook.com/jigglyjoggers>

USEFUL ADDRESSES AND CONTACT DETAILS:

Jobs and Business Glasgow at Baillieston/Easterhouse/Shettleston/Parkhead/Dennistoun Libraries, Morrisons Easterhouse, Tollcross ALC, Shettleston Housing Office, Tesco Shettleston, Parkhead Old Schoolhouse, Helenslea Community Hall, Croft Project at Barlinnie Prison . By appointment only— Call the Customer Service Team on [0300 123 2898](tel:03001232898) to book

Leanne & David McAdam Wednesday/Saturday Bootcamp at The Connie. Call [07774 382451](tel:07774382451) to book

NERC Facebook info for North East Recovery Community (NERC) <https://www.facebook.com/RecoveryNE>

The Pavillion A youth service providing a safe, alcohol and drug free environment for children and young people. Lotts of activities on offer: computing, sports, trips, cooking, gaming, gardening, arts and crafts, music sessions and lots lots more We also offer specialised workshops and sessions for peer wellbeing and youth mental health. 47 Aberdalgie Road, G34 9HX [0141 781 4525](tel:01417814525) <https://www.facebook.com/pavillionyouthcafe> Men's Shed—for more info david@pavillion.org.uk

People Plus appointments. Contact Elaine Thackeray to book an appointment. [07817 567658](tel:07817567658) or elaine.thackeray@peopleplus.co.uk

Platform is the arts centre at The Bridge, located between the swimming pool and the library We offer a year-round programme of music, performance and art activities. Come along and see a gig, show or take part in weekly class or workshop. To find out more www.platform-online.co.uk <https://www.facebook.com/platform.glasgow.7> email: info@platform-online.co.uk or call [0141 276 9661](tel:01412769661).

Provan Hall Provan Hall is an A listed medieval building in the heart of Easterhouse. Auchinlea Road, G34 9PQ. It has recently re-opened to the public and offers Nappy Changing and Private Feeding Area. Free Car Parking Available in Auchinlea Car Park. linda@provanhall.org or

USEFUL ADDRESSES AND CONTACT DETAILS:

Rebecca Louise Dance Studio Dance classes for age 2+. Lochend Community High School rebeccalouisedancestudio@gmail.com

Robbie McHale Tuesdays Taekwondo @The Connie. Call [07770 210705](tel:07770210705) to book. <https://xstaekwondo.com/easterhouse-club/>

Robert Boyd Tuesday/Thursday Kensaki @ The Connect Centre. Call [07547 391510](tel:07547391510) to book.

Ruchazie Pantry A community shop that focuses on ways to save the environment. Daily, it provides high-quality, low-cost foods such as fresh and frozen products, breakfast cereal, bread, and milk. 435 Gartloch Road, G33 3TJ [0141 774 2759](tel:01417742759) <https://www.facebook.com/RuchaziePantry>

Seven Lochs Bringing together almost 20 sq km of lochs, parks, nature reserves and woodlands between Glasgow and Coatbridge the Seven Lochs Wetland Park offers an exciting range of things to see and do. [0141 287 3753](tel:01412873753) <https://www.facebook.com/sevenlochs> <https://www.sevenlochs.org/>

St John Bosco St Benedicts 755 Westerhouse Road, G34 9RP
St Dominics 247 Mossvale Road, Craigend, G33 5QS
Parish Priest - Fr Jim Thomson [0141 771 1991](tel:01417711991)
[07850 348773](tel:07850348773) <https://www.sjb-easterhouse.com/> <https://www.facebook.com/ParishofStJohnBoscoEasterhouse>

Slimming World St Benedicts Chapel, 755 Westerhouse Rd, Easterhouse, G34 9RP and Garthamlock Parish Church, 46 Porchester Street, G33 5DB Contact—Carrina [0141 771 3740](tel:01417713740) <https://www.facebook.com/Slimming-World-Easterhouse-553263724803861>

Stepping Stones for Families—Wee Thistle Blairtummock Hall, 45 Boyndie Street, G34 [0141 773 1232](tel:01417731232) tcc@ssff.org.uk

USEFUL ADDRESSES AND CONTACT DETAILS:

Wellhouse Allotments Wellhouse Crescent, G33 For more information contact Connect Community Trust [0141 781 9918](tel:01417819918) <https://www.facebook.com/connectcommunitytrust>

Nursery Schools

Buchlyvie Nursery <https://www.gfis.org.uk/Providers/View/12/G34%209HZ> [0141 771 2999](tel:01417712999)

FAREPlay Nursery <https://www.gfis.org.uk/Providers/View/641/G34%209HZ> [0141 771 9151](tel:01417719151)

Lochview Nursery <https://www.gfis.org.uk/Providers/View/30/G34%209HZ> [0141 773 1842](tel:01417731842)

Rising Stars Nursery <https://www.gfis.org.uk/Providers/View/599/G34%209HZ> [0141 287 4585](tel:01412874585)

St Clare's Nursery <https://www.gfis.org.uk/Providers/View/68/G34%209HZ> [0141 771 3512](tel:01417713512)

Thistle Childcare Centre Open Monday to Friday 8am till 5.30pm. High Quality Early Learning and Childcare funded places for 1140 hours for 3 to 5 year olds. 1140 hour funded places available for eligible 2 year olds. Extra hours (wrap around care) available but require to be paid for. <https://www.gfis.org.uk/Providers/View/327/G34%209HZ> [01417731232](tel:01417731232)

USEFUL ADDRESSES AND CONTACT DETAILS:

Primary Schools

Aultmore Park Primary headteacher@aultmorepark-pri.glasgow.sch.uk [0141 771 7221](tel:01417717221)

<https://www.glasgow.gov.uk/index.aspx?articleid=17337#:~:text=Name%3A%20Aultmore%20Park%20Primary%20School,Religion%3A%20Non%2Ddenominational>

Oakwood Primary <https://www.glasgow.gov.uk/index.aspx?articleid=18053> headteacher@oakwood-pri.glasgow.sch.uk
[0141 773 4604](tel:01417734604)

St Benedict's Primary <http://www.st-benedicts-pri.glasgow.sch.uk/>
[0141 771 3224](tel:01417713224)

Secondary Schools

Lochend Community High School Cairnbrook Rd, Glasgow G34 0NZ
<https://blogs.glowscotland.org.uk/gc/lochendchs/>
headteacher@lochendcommunityhigh.glasgow.sch.uk
[0141 582 0170](tel:01415820170) **Reporting Absences:** [0141 287 0039](tel:01412870039)

USEFUL ADDRESSES AND CONTACT DETAILS:

Ward 21 Councillors

Contact a councillor if you want to discuss services in your local area. These include local public transport, rubbish collection or disputes with your neighbours.

Your councillor can offer help with:

- education services, for example getting your child into a school
- registering to vote
- parks and leisure services
- planning decisions and licences
- social care services
- waste and recycling

Due to COVID-19 face to face surgeries or home visits are currently suspended until further notice, however, please get in contact by telephone or email if you require assistance.

Councillor Maureen Burke Scottish Labour Party

maureen.burke@glasgow.gov.uk [0141 287 5865](tel:01412875865)



Baillie Sharon Green Scottish Labour Party

Sharon.Greer@glasgow.gov.uk [0141 287 5627](tel:01412875627)

Surgeries will commence (after the summer holidays) at FARE—Last Friday
Of each Month—2pm



Councillor Ruairi Kelly Scottish National Party

ruairi.kelly@glasgow.gov.uk [0141 287 4057](tel:01412874057)



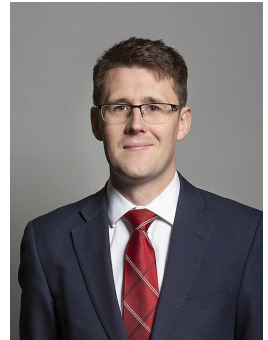
USEFUL ADDRESSES AND CONTACT DETAILS:

MP

Face to face surgeries have now resumed, please get in contact by telephone or email if you require information regarding these and to book a slot.

Contact your MP if you want help with something related to the following issues:

- defence
- employment
- immigration and visas
- international development
- trade and Industry



You can also contact your MP about issues related to social security and tax that are [not covered by the Scottish Parliament](#).

David Linden [https://members.parliament.uk/member/4640/
contact](https://members.parliament.uk/member/4640/contact)

david.linden.mp@parliament.uk [0141 778 1177](tel:01417781177) [020 7 219 1801](tel:02072191801)

USEFUL ADDRESSES AND CONTACT DETAILS:

MSP

[Contact your MSP](#) if you want support with something related to the following devolved matters:

- agriculture and fisheries
- education and training
- environment
- health and social services
- housing
- justice and policing
- local government
- transport



You can contact one of your MSPs about some taxes - these include:

- Income Tax
- Land and Buildings Transaction Tax
- Landfill Tax

You can also contact one of your MSPs about some aspects of social security - these include the following benefits:

- Best Start Grant
- Carer's Allowance/Carer's Allowance Supplement
- Funeral Support Payment
- Young Carer Grant

Ivan McKee <https://www.parliament.scot/msps/current-and-previous-msps/ivan-mckee>

Ivan.McKee.msp@parliament.scot

[0141 556 4441](tel:01415564441)

USEFUL ADDRESSES AND CONTACT DETAILS:

Easterhouse Health Centre 9 Auchinlea Road, G34 9HQ

Dr Dhami Practice <https://dsdhami.gp.scot/> [0141 531 8160](tel:01415318160)

Lochend Surgery <https://www.lochendsurgery.scot.nhs.uk/> [0141 531 8150](tel:01415318150)

Newhills Medical Practice <https://www.newhillspractice.co.uk/index.aspx> [0141 531 8170](tel:01415318170) **House Calls** [0141 531 8175](tel:01415318175)

Oakwood Medical Practice <https://www.mysurgerywebsite.co.uk/index.aspx?p=G46221> [0141 531 8180](tel:01415318180) **Treatment Room** [0141 531 8148](tel:01415318148)

Boots Pharmacy <https://www.boots.com/stores/1681-glasgow-easterhouse-health-centre-g34-9hq> [0141 771 9339](tel:01417719339)

Auchinlea Mental Health Resource Centre

Easterhouse Social Work Office

Services available at this office:

- Children and Families
- Welfare Rights
- Addiction
- Community Development

<https://www.yoursupportglasgow.org/directory/providerdetails/49822>

If you have not contacted social work before then contact Social Care Direct on 0141 287 0555.

USEFUL ADDRESSES AND CONTACT DETAILS:

Easterhouse Housing & Regeneration Alliance—EHRA

Easterhouse Housing and Regeneration Alliance (EHRA) is an umbrella organisation that represents the eight housing associations and co-operatives that operate in Greater Easterhouse managing over 3, 000 homes in the area. 5 of these (below) are in Easterhouse.

Blairtummock Housing Association [0141 773 0202](tel:01417730202)

<https://www.blairtummock.org.uk/> enquiries@blairtummock.org.uk

Easthall Park Housing Association [0141 781 2277](tel:01417812277)

<https://www.easthallpark.org.uk/>

Lochfield Park Housing Association [0141 771 2228](tel:01417712228)

<https://lochfield.co.uk/> info@lochfield.co.uk

Provanhall Housing Association [0141 771 4941](tel:01417714941)

<https://provanhallha.org.uk/> info@provanhallha.org.uk

Wellhouse Housing Association [0141 781 1884](tel:01417811884)

<https://wellhouseha.org.uk/> info@wellhouseha.org.uk

Emergency: [0800 595 595](tel:0800595595)

GHA Housing Association [0800 479 7979](tel:08004797979) talk@gha.org.uk

<https://www.wheatleyhomes-glasgow.com/contact-us/find-my-local-office/north-east/1240-Westerhouse-Road>

**PLEASE CHECK WITH INDIVIDUAL GROUPS
BEFORE ATTENDING**

- THERE MAY BE CHARGES APPLICABLE
- ACTIVITIES MAY REQUIRE TO BE BOOKED
- DETAILS CAN CHANGE AT SHORT NOTICE

**THRIVING PLACES EASTERHOUSE IS AN OPPORTUNITY
FOR LOCAL PEOPLE TO COME TOGETHER AND MAKE
THEIR NEIGHBOURHOOD THRIVE**

For information on support available to Community Groups and New Initiatives (including Advice, Training and Small Grants), or to get involved with Thriving Places Easterhouse, contact: **Donna McGill - Community Connector**

Useful local community Facebook pages/websites include:



Thriving Places Easterhouse
www.facebook.com/thrivingeasterhouse

Community Group for Easterhouse
www.facebook.com/groups/289873168426494

PLEASE NOTE: I work 17.5 hours per week and will endeavour to respond to any enquiry as soon as I am able.

THRIVING PLACES WILL END ON 31ST MARCH 2024

Contact: donnamcgill@glasgowkelvin.ac.uk
Mobile: 07423 585605

THRIVING PLACES
EAST END FLAT PACK MEALS
EASTERHOUSE BAPTIST CHURCH
(IN PARTNERSHIP)

Community Breakfast

*****OUR DATES FOR THE COMING YEAR*****

Wednesday 26th April

Friday 28th July

Wednesday 25th October

Friday 26th January (2024)

11:00am till 1:00pm

ALL EASTERHOUSE RESIDENTS WELCOME
FREE TEA/COFFEE/HOT ROLLS/PASTRIES

FOR FURTHER INFO CALL/EMAIL:

donnamcgill@glasgowkelvin.ac.uk or bethparker@glasgowkelvin.ac.uk

Mob.:07423 585605

